 **Birth Control**

**Method – Spermicide**

Effectiveness? 69%

Choose one – Who is this for? Males, Females or both

Does this method protect against STD’s? Yes or No

What does this method do? Provide a barrier or release hormones to prevent ovulation

**Method - Female Condom**

Effectiveness? 79%

Choose one – Who is this for? Males, Females or both

Does this method protect against STD’s? Yes or No

What does this method do? Provide a barrier or release hormones to prevent ovulation

**Method – Cervical Cap**

Effectiveness? 80%

Choose one – Who is this for? Males, Females or both

Does this method protect against STD’s? Yes or No

What does this method do? Provide a barrier or release hormones to prevent ovulation

**Method – Diaphragm**

Effectiveness? 84%

Choose one – Who is this for? Males, Females or both

Does this method protect against STD’s? Yes or No

What does this method do? Provide a barrier or release hormones to prevent ovulation

**Method - Condom**

Effectiveness? 85%-99%

Choose one – Who is this for? Males, Females or both

Does this method protect against STD’s? Yes or No

What does this method do? Provide a barrier or release hormones to prevent ovulation

**Method- Birth Control Ring**

Effectiveness? 92%

Choose one – Who is this for? Males, Females or both

Does this method protect against STD’s? Yes or No

What does this method do? Provide a barrier or release hormones to prevent ovulation

**Method – Birth Control Patch**

Effectiveness? 92%

Choose one – Who is this for? Males, Females or both

Does this method protect against STD’s? Yes or No

What does this method do? Provide a barrier or release hormones to prevent ovulation

**Method - Birth Control Pill**

Effectiveness? 92%

Choose one – Who is this for? Males, Females or both

Does this method protect against STD’s? Yes or No

What does this method do? Provide a barrier or release hormones to prevent ovulation

**Method - Birth Control Shot**

Effectiveness? 97%

Choose one – Who is this for? Males, Females or both

Does this method protect against STD’s? Yes or No

What does this method do? Provide a barrier or release hormones to prevent ovulation

**Method - Implantable Contraception**

Effectiveness? 99%

Choose one – Who is this for? Males, Females or both

Does this method protect against STD’s? Yes or No

What does this method do? Provide a barrier or release hormones to prevent ovulation

**Method - Inner uterine Device (IUD)**

Effectiveness? 99%

Choose one – Who is this for? Males, Females or both

Does this method protect against STD’s? Yes or No

What does this method do? Provide a barrier or release hormones to prevent ovulation

**Method - Abstinence**

Effectiveness? 100%

Choose one – Who is this for? Males, Females or both

Does this method protect against STD’s? Yes or No

What does this method do? Provide a barrier or release hormones to prevent ovulation

Pick one method of Contraception. Put it vertically and list something about it for each letter.

Can offer protection for STD’s

Over the penis

Needs to be put on correctly

Don’t use more than once

Offers 85-99% effectiveness rate

Must be used every time

Avoid dropping out of school.

Bad choice not to practice abstinence first

Social opportunities

Time to learn more things.

Independence for yourself

No sex

Educated

No STDS

Can focus on yourself.

Easy to do